



## Indoor Volleyball Rules

- Matches will be the best 2 out of 3 games rally scoring to 25 points, a third and deciding game will only go to 15 points. You must win by 2 points to declare a game.
- If a team is 10 minutes late to the scheduled match they will automatically forfeit. We cannot reschedule forfeited matches.
- Teams must have no more than 3 men and 3 women on the court at once. If your team is short in one gender you cannot add or go up to four male or four female players at once. You must play short-handed. If you are playing with five players your M/F ratio must be a minimum of 3-2. If you are playing with four-players your ratio must be 2-2.
- You may pick up 1 non-roster player to make 6. This player may not be on any other current roster from either league or it will be a forfeit. The least you may play with is 2 men and 2 women. Report all scores to intramural staff working at the time of your match. Only four GC varsity men's and woman's volleyball players are allowed on any team roster. You may only have up to two women and up to two men.
- If your opponent is playing short-handed without a replacement (non-roster player) substitute--your team is NOT required to also play short-handed. **You may play at full strength of 6-players.** However, if your team is also shorthanded you are NOT PERMITTED to play with a substitute (non-roster player) to gain an advantage. In this case the teams should play as equals.
- Any team caught violating roster rules (ie. Playing with non-eligible player, non-student/faculty, etc) will be disqualified from post-season play.
- **Rotation:** In Intramural volleyball there are three players in the front row and three in the back row. Each player rotates in a clockwise direction to the next position at the conclusion of each side-out or change in serve. Teams are not required to rotate prior to their first serving opportunity at the start of each game.
- **Substitutions:** Substitutions in intramural volleyball can only occur in front line closest to the net. Any player substituting in must remain in the game for six rotations before they can be subbed out of the game again.

### Gameplay Rules:

- You may serve from the entire end line
- You may NOT block the serve
- You may NOT cross the end line on your serve
- If your serve hits the tape on the top of the net and goes in the other court – it is a good serve
- You may NOT lift or carry the ball
- You may NOT contact the ball with your foot intentionally. However the ball may be played off any part of the body if contact is unintentional or inadvertent.
- You may not touch the net
- If the ball touches the line it is in and good
- You may NOT interfere with anyone on the other side of the net
- Ball is in play if it hits the ceiling on your side
- Any time a player is in the back row, he or she cannot “attack” the ball in front of the 10-foot line on the court. Attacks are also known as “hits” or “spikes”—usually the third hit of a possession.
- If the ball hits the ceiling and goes over to the other side of the court it is a point for the other team

**Gym Rules:** We require all players to wear shoes for safety and to wear shoes that will not damage or mark the floor. Thanks for your cooperation.