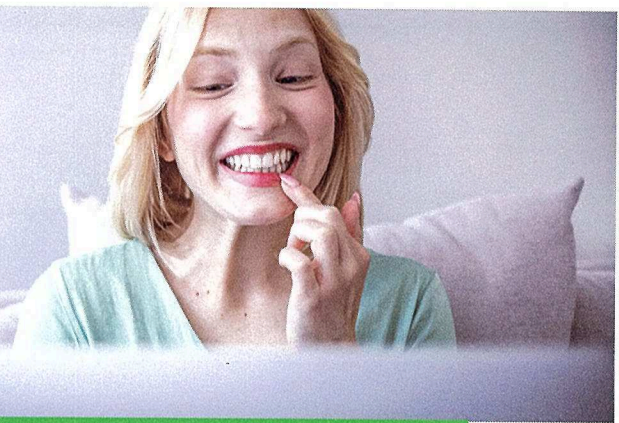


Paramount Tele-Dental Services



AS A PARAMOUNT DENTAL MEMBER, YOU NOW HAVE ACCESS TO THE TELEDENTISTS® NETWORK!

WHAT IS A TELEDENTIST?

The TeleDentists are a part of a national network of board licensed dentists who have been trained to deliver video consults via your computer, tablet or smart phone.

The TeleDentists are available 24/7 to help you with your dental health when your normal dentist is not available. Get a virtual consult from The TeleDentists instead of wasting time and money in an emergency room. The TeleDentists diagnose problems and get you started on treatment, which may include an e-script for an antibiotic and/or non-narcotic pain medication.

When follow-up care is needed, next-day appointments are booked with an appropriate dentist, conveniently located near the patient. Also, the TeleDentists answer dental questions and provide guidance for excellent oral care.

WHEN SHOULD I SEE A TELEDENTIST?

You can see The TeleDentists for a variety of conditions including:

- Dental emergency.
- Toothaches.
- Abnormal lesions.
- Gum pain.
- Bleeding gums.
- Missing/broken teeth.
- Pediatric dental help.
- General product questions and recommendations.
- Inflammation.
- Tooth sensitivity.


HOW TO USE A TELEDENTIST?

1. Log on to the Paramount TeleDentists site. If you do not have an account, click the **"See a TeleDentist Right Now"** button to create one.
2. Once you have created, or logged into your account, select the **"Speak to a Dentist Now"** button in the top right corner of the page. You will be redirected to The TeleDentists landing page and asked some questions.
3. Complete the questions on The TeleDentists landing page. (such as, name, address, age, prior medical conditions) Then, you will be prompted to answer questions regarding your current condition/issue to provide background for the consulting dentist.
4. Once your answers have been submitted, you will be redirected to the consulting dentist's waiting room while they review your information. Expect a short wait time. (Normally, less than 10 minutes)
5. When ready, your consulting dentist will meet you for a live video consultation to resolve your current issue.

HAVE QUESTIONS?

Visit theteledentists.com/paramount for frequently asked questions or call Paramount Dental customer service for coverage information at **(800) 727-1444**.



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