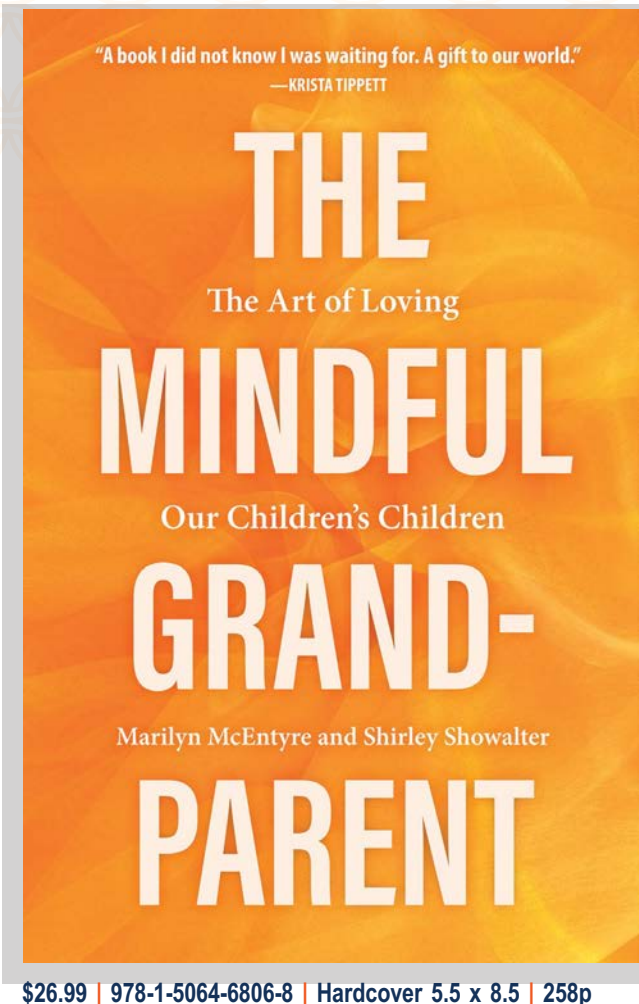


Loving our children's children well is an art—
one we keep learning as they grow.



THE MINDFUL GRANDPARENT

The Art of Loving Our Children's Children

BY MARILYN MCENTYRE AND SHIRLEY SHOWALTER

With twelve grandchildren between them, authors and educators Marilyn McEntyre and Shirley Showalter know deep in their bones that attending to the children in our lives has never been more important. Grandparents can help little ones learn to value relationships over things, lap time over screen time. They can help grandchildren live with intention, attentive to others, to nature, and to the diverse, beautiful, and troubled social world around them. Through inspired ideas teamed with simple practices and engaging stories, *The Mindful Grandparent* covers wide-ranging topics such as cultivating curiosity, giving meaningful gifts, helping children explore difficult topics, building a grandparent team, honoring adult children's boundaries, and managing technology.

“This is a book I did not know I was waiting for. It is a reflective handbook for becoming a grandparent—perhaps the first ever?—but so much more. A celebration of the flow and fullness of life.”

—KRISTA TIPPETT, founder and editor-in-chief of The On Being Project, host of the *On Being* program and podcast, and recipient of the National Humanities Medal

“*The Mindful Grandparent* is not only warm, loving, and practical; it's also gently honest.”

—PARKER J. PALMER, author of *On the Brink of Everything*, *The Courage to Teach*, and *Let Your Life Speak*

Available May 3, 2022
Wherever Books Are Sold



MARILYN MCENTYRE is an award-winning spiritual writer, speaker, grandmother, and professor of medical humanities and American literature. She has written and edited over twenty books and has won several teaching awards. McEntyre currently teaches at the Graduate Theological Union, Berkeley, and at Westmont College in San Francisco. She lives in Carmichael, California.



SHIRLEY SHOWALTER is an award-winning educator, author, speaker, and grandmother. With a PhD from the University of Texas at Austin, Showalter served as a professor and then president of Goshen College in Indiana and as a foundation executive at the Fetzer Institute in Michigan. She and her husband live in Lititz, Pennsylvania.



Broadleaf Books
AN IMPRINT OF 1517 MEDIA

877-373-0706

For more information, visit BroadleafBooks.com