## **OPENING SESSION**

"Out of the Silence: Community Responses to Trauma, Loss and Grief" — Keynote Speaker: Regina Shands Stoltzfus, Ph.D. Candidate, MA, teaches at Goshen College in the Peace, Justice, Conflict Studies, Bible and Religion, and Women's Studies departments. Before coming to Goshen College, she served as the Minister for Urban Peacemaking with Mennonite Mission Network, and as an Associate Pastor at the Lee Heights Community Church in Cleveland, Ohio. Regina holds a Bachelor of Arts degree from Cleveland State University and a Master of Arts degree from Ashland Biblical Seminary. She is currently a doctoral student at Chicago Theological Seminary.



## MORNING SESSION (Optional) 7:30-8:30am

**"Ethical Considerations When Supporting Grieving Children"** — Katharine Schrock, MSW, LCSW. Katharine is a graduate of Indiana University, with a BA in Psychology & a MSW in Clinical Social Work. Katharine has over 25 years' experience in mental health. She began her private practice in 2006 in Goshen, Indiana. Katharine is also in her fifth year of teaching as an adjunct professor for the Goshen College Nursing department. (This workshop session meets the continuing education requirement for Social Workers on the topic of ethics.)

## MORNING SESSION

**"Case Studies: Identifying and Responding"** — **Regina Shands Stoltzfus**, Ph.D. Candidate, MA. By working through and debriefing case studies, participants will gain skills in developing responses to community members who have experienced life-altering trauma.

## AFTERNOON WORKSHOP SESSIONS

"Help and Hope in the Hallways: Supporting the Grieving Student" — Jan Desmarais-Morse, M.S.Ed in Counselor Training, has worked as a school counselor at Goshen Middle School since 1997. Linda Dickerson, M.Ed in School Counseling, BA Elementary Education, has many years of experience in various school systems, and is in her sixth year as a school counselor at Goshen Middle School. Jennifer Johnson, M.S.Ed in Counseling Education. This is her first year at Goshen Middle School working as a school counselor. In this workshop Jan, Linda and Jennifer will identify examples of grief faced by students who have been affected by divorce, loss of home, separation from parents, and more while leading session attendees through an interactive experience to help reach these students. "No Le Llores, Déjalo Descansar (Don't cry for them, let them rest): The Parental Bereavement Experience of Mexican Migrant Mothers" — Dr. Illeana Gomez, Ph.D., LCSW. Dr. Gomez is Deputy Director of Family and Community Programs at Casa Central Agency, in Chicago. She has also been a parent group facilitator, on behalf of Lurie Children's Hospital Luz del Corazon bereavement support program for the past 12 years. Dr. Gomez will present key results and insights from her study conducted with 22 bereaved Mexican mothers, using focus groups, including ways in which these mothers negotiate cultural and religious imperatives within their personal experiences.

"Identifying the Challenges that Occur for Older Adults who are Experiencing Losses" - Vanette Kashmer, M.Div., is a chaplain at Greencroft Goshen and also leads the "Transitions" program for residents. Vanette will discuss in this workshop session how memory loss and other losses impact the world of older adults and the families who support them.

**"Where is Home? Helping Youth who are Separated from Family"** — Sean McCrindle, MSW, is Vice President of Program Operations for Bashor Children's Home, where he has worked since 2000. In this workshop session, Sean will describe the challenges faced by youth in out-of-home placements as they deal with the often unrecognized grief of being separated from their family and home community.

**"Invisible Wounds: Recognizing the grief in trauma"** — Jessica Lala, LCSW, is in private practice and a member of Michiana Counseling Group, LLC. She is a MSW graduate of Indiana University South Bend. She currently provides therapy to children, adolescents, and adults, many who have experienced some type of trauma in their life. In this workshop session Jessica will offer suggestions on how to effectively work with these clients as they address their grief and trauma.

**Panel Discussion** — moderated by Dr. Carol Jarvis, Ph.D., LCSW. In this wrap-up session, workshop presenters will respond to questions from seminar participants and will discuss ideas that emerged from the seminar workshop sessions. (Continuing education certificates will be provided following this panel discussion.)