Dandelion Green Salad

NOTE- Pick greens away from any threats of herbicide spraying

Ingredients for salad:

-Dandelion greens, about 4 cups
-1 lemon
-Feta cheese
-1 Cup Walnuts
-6 Medjool dates
-½ Red onion

Ingredients for dressing:

-Raw Honey
-1 Lemon
-Extra-virgin olive oil
-Apple cider vinegar

Directions:

Pick a bowl of greens, wash thoroughly and chop
Quarter and squeeze 1 lemon over greens. *This helps to break down fibers in the greens
Chop ~½ onion to taste, add to greens
Feta cheese to taste, add to greens
Chop ~ 1 cup walnuts, add to greens
Chop and de-pit ~ 4-6 Medjool dates, add to greens

Dressing:

Add to a jar with lid:
~2T raw honey (can add more or less to your taste)
2-parts olive oil
1-part apple cider vinegar
Quarter and squeeze 1 lemon into jar

Shake and pour over salad to taste. Enjoy!