

An Overview of Your **GuidanceRESOURCES®** Program

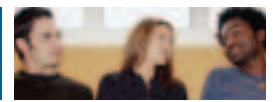
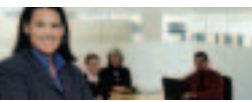
YOUR **life**



YOUR **work**



YOUR **best**®



How can the EAP help me?

Your EAP offers professional and confidential counseling services designed to help address the personal concerns and life issues you are facing. It is available to you and members of your family at no cost. This service, staffed by experienced clinicians, is available to you and your dependents by calling a toll-free phone line 24 hours a day, seven days a week. A GuidanceResources Coordinator is available anytime to listen to your concerns and refer you to local resources in your home community or other expert counselors that can address your issues. Your EAP can help you deal with a variety of personal concerns, including:

- › Depression
- › Marital and family conflicts
- › Job pressures
- › Stress and anxiety
- › Alcohol and drug abuse
- › Grief and loss

Where can I get answers to my legal questions?

Everyone faces a legal issue or problem at some time in their life, whether it's a divorce, bankruptcy or buying real estate. LegalConnect provides confidential access to attorneys who are dedicated to providing practical, understandable information and assistance. A LegalConnect Attorney will listen to your concerns and provide helpful information and tools to assist you in resolving the issue. If you require representation, LegalConnect can also refer you to a qualified attorney in your area for a free 30-minute consultation. Thereafter, a 25% reduction in customary legal fees is available to you. Call anytime with legal issues including:

- › Divorce and family law
- › Debt obligations
- › Landlord and tenant issues
- › Real estate transactions
- › Bankruptcy
- › Criminal actions
- › Civil lawsuits
- › Contracts

What about financial concerns?

Financial issues can arise at any time, from dealing with debt to saving for college. FinancialConnect professionals are there to discuss your issues and provide you with the tools and information you need to meet your financial goals. From family budgets and tax questions to credit issues and investments, you can consult directly with Financial Specialists about your personal money management concerns.

FinancialConnect is there to help you sort through the issues and provide the resources you need to find answers. Call anytime when you have issues such as:

- › Saving for college
- › Getting out of debt
- › Retirement planning
- › Estate planning
- › Tax questions

Where can I go for more information and resources online?

GuidanceResources Online gives you the power of the Internet to get solutions for the issues that matter to you, from personal or relationship issues to legal and financial concerns. Go online anytime you need trusted, expert information, resources, referrals or an answer to an everyday question.

- › Get helpful answers to your questions quickly and easily
- › Review and print in-depth HelpSheetSM topics
- › Ask a GuidanceResources Expert for a personal response via e-mail or phone
- › Order one of our pre-screened reference books without leaving the site

Just go to www.GuidanceResources.com and enter in your company ID, **GEN311**, which appears on your wallet card. Let our experts work for you!



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YOUR SINGLE SOURCE FOR SUPPORT, RESOURCES & INFORMATION